

Futures

Working together to build a better future for young parents and their children.

July 2005

Play safely. Talk safety. Be safe. Enjoy Summer!

“Sticks and stones may break my bones but words will break my heart.”

Remember, your words have power, your children hear and learn from your words and your loved ones act and react to the words you use, so choose them wisely, think before you speak.

Futures will be closed on July 4th for Independence Day. Have a safe and happy 4th of July

We will be closed for the remainder of that week (7/5, 7/6, 7/7,7/8) for end of the fiscal year paper work:(

Congratulations!

- * Chasity had her baby!
- * Lisa, Daisy, Gweynn, James, Randy and LJ got jobs!!!!!!
- * Michelle got her GED!



Activities this month:

Childcare Provided

- * ***Walkin' in the woods.*** Meet at Futures then head to a local trailhead for a short walk **Monday, July 11, 3:30-5:30.**
- * ***The Youth Survival Program***—ideas on your communication & decision making skills. **Monday, July 18, 3:30-5:30.**
- * ***Parents as Teachers Activity.*** Meet at Futures and do a fun activity with your kids. **Monday, July 25 3:30-5:30**
- ♦ ***Family Fun Night*** Meet at Osprey Field for an **Osprey Baseball Game Monday, July 25 7:00-?**

Futures Teen Family Resource Center is located at 1861 S. 12th St. (At the corner of 12th and Grant)

For More Information Call:
542-4900



- ◆ Buy from Reliable sellers.
- ◆ Always read and follow label directions
- ◆ Have an adult present
- ◆ Use outdoors only
- ◆ Always have water handy
- ◆ Light only one firework at a time
- ◆ Never relight “dud” fireworks
- ◆ Never give fireworks to small children
- ◆ Never point fireworks at other people

**HAVE
A
SAFE
AND
FUN
FOURTH**

Let your
creativity flow
Write a story or
cartoon or
quote for this
newsletter & get
an extra gas
voucher

Fireworks are not toys. They burn at approximately the same temperature as a household match and can cause burn injuries and ignite clothing if used improperly.

NEVER give fireworks to young children. Close, adult supervision of all fireworks activities is mandatory. Even sparklers can be unsafe if used improperly.

Select and use only legal devices. Stay away from illegal explosives such as M-80s, M-100s, blockbusters, or quarter pounders. Banned since 1966, these products will not contain a manufacturers name and are usually unlabeled and unstable. Don't purchase or use unlabeled fireworks.

Shooting off fireworks within the
Missoula City limits is illegal and can
lead to arrest & prosecution!

Around Town

- **Annual July 4th Community Celebration** at Southgate Mall, from 9:20-11pm with sky diving, band and fireworks.
- **Free summer lunch** at Porter, Franklin, Lowell, Hawthorne & Russell schools. Every M-F. 11:30-12:45
- **Out to Lunch** every Wednesday 11:30am-1:30pm at Caras Park
- **Downtown to-night** every Thursday 5:30-8:30pm at Caras Park
- **YOUTH RIDE the BUS FREE** for 18 or younger rides free through Aug 31
- **Free concerts** at Bonner Park on Wed at 8:00 pm
- **Storytelling** at the library every Tues, Thurs, Fri. 10:30 am
- **Missoula Children's Museum** is a fun, safe space
- where you & your children can play. The lower level of the Florence, ILLIN. Higgins Ave. call 544-PLAY for info.
- **Live folk music** at Quarter Moon Bookstore, each Wed, 7:30
- **Free family movies** at Crazy Mikes on Mondays
- **Fun Night at a farm** Dinner & fun, July 26 at 3010 Duncan Dr (Rattlesnake) from 5:30-7:00pm

Note from Heidi

Do you ever compare yourself to others? You know, someone might be better at something than you, but that just means you are better at something than someone else. No one has a higher value because of education or experience- we are all equal and you are just as worthy and have the same amount of value as a CEO, the mayor, your favorite teacher etc. I think if we walk through life with that attitude- we can get more out of life!!

P.A.T Corner

The lazy, crazy days of summer are here! Take the kids out and have some fun in the sun, but before you head out the door, keep these summer safety tips in mind.

1. **Always** make sure your children have sunscreen on. There are great waterproof formulas that can be sprayed on and then you are good to go!
2. Make sure kids of all ages stay well hydrated. Put cool water in a bottle or sippy cup every time you hit the great outdoors.
3. Bug spray is a must!
4. If your little one is riding a tricycle or small bike, strap a helmet on.
5. Most accidents happen in the summer. Have fun, but stay **vigilant!**

look out for leadership camp next month

*Need Hours for WORC?
Group, P.A.T. Case Management meetings, Family Fun, and helping us with the newsletter count as WORC hours!*

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Futures

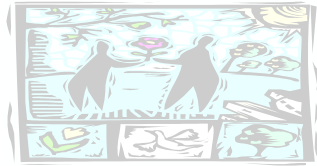
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Missoula, MT 59802



Futures helps young parents build a secure future for themselves and their children by providing case management, education and career counseling, parent education, housing, counseling and leadership development.

July 2005



Futures

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Futures' Closed	5 Futures Closed	6 Futures Closed	7 Futures Closed	8 Futures Closed	9
10	11 Walk 3:30 Family Fun 7:10	12	13	14	15	16
17	18 Youth Survival 3:30-5:30@TFRC	19	20	21 GED Registration	22 GED Test Dickenson	23
24	25 PAT activity 3:30-5:30@TFRC	26	27	28	29	30
31						