



Futures

Working together to build a better future for young parents and their children.

Working on your GED???

Register on Thursday, October 12th to take the test on Friday, **October 13th**, and register Thursday Oct. 26th to take the test on Friday, **October 27th**. You **MUST** be present to register by **9am** the Thursday before testing. Call Futures for details and help paying for your GED. 542-4900. We must know **one full week** in advance for financial assistance.



Interested in Beauty School???

Next Session at **Modern Beauty School** starts October 10th. Sign up for financial aid!

Like Working on Cars???

Discover the opportunities in the **Automotive Technology and Restoration** fields.

Thinking about College???

Come to Futures to fill out financial aid forms for Spring Semester. Spring Classes Start in late January. Talk to Kris at Futures about any of these opportunities.

Prepare yourself for success at the University of Montana or the College of Technology with the **Transition to College Program**. Improve math, reading, and study skills. Learn about different careers before you start your course work. **FREE!** Call Futures for details or Dickinson at 542-4015.



Earn While You Learn! See if you are eligible for monetary incentives for completing the following trainings: Carpentry, Dental Assistant, CNA, Prep Food Service AND MORE. Child Care is available. Call Tina at 329-1278 or call **Futures for more info 542-4900.**

October 2006

FREE CLASSES

Communication Tricks

Pizza for Parents Oct. 4th
12:00-1:00 at Families First at 815 E. Front. St.

Setting Limits Before You

Get Angry Oct. 10th
6:30-8:00 PM at Lowell Elementary School

Call 721-7690 to register for these FREE CLASSES.



The opportunities awaiting you are endless: Enjoy them as they unfold.

PANEL



BE a POSITIVE ROLE MODEL for TEENS!

The **Futures Teen Pregnancy Prevention Panel** is a team of young parents giving back to the community by talking to students about the realities of young pregnancy and parenting in hopes of **preventing unexpected teen pregnancy**.

As a member you will participate in Leadership activities, and receive **gift certificates** at a business of your choice (\$\$\$) for attending trainings and giving presentations at local area high schools and community agencies! Some **transportation, incentives, meals, and childcare are available** during trainings and presentations. If you are interested or would like more information, call **Anna** at Futures 542-4900, or 544-1276.

Have a Safe And Fun Halloween!

Trick or Treat Safety

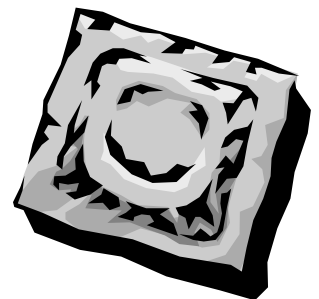
Trick or treating can be a lot of fun if you take a few basic precautions:

- ◆ Small children should always be accompanied by an adult.
- ◆ Carry a flashlight and/or put reflective tape on your costume.
- ◆ Travel in groups with other trick-or-treaters.
- ◆ Make sure costumes don't drag on the ground.
- ◆ Wear masks that don't obstruct vision.
- ◆ Only trick or treat at houses that are well lit.
- ◆ Parents should check all treat

We have **FREE CONDOMS** at the Futures Teen Family Resource Center!

Protect yourself from pregnancy and STDs.!

Whether you are stopping in for an appointment, a visit, or just for birth control, we'll have a basket out for the taking.



Let Your Voice Be Heard!

Do you want to have a column or artwork in our Newsletter?

Give us your input & earn a gas voucher! Stop by or call us 542-4900.

Around Town: Get out of the house, enjoy the nice weather!!

•**Fri, Oct. 6th:** First Friday Downtown.

•**Real Meals:** Oct. 12 5:00-9:00 pm A meal shared among women in collaboration and creation of community and opportunity. RSVP by Oct. 6th at 721-3425

•**Blue Mountain All-Women's Run** Sunday Oct. 8th, 9:00 am at the Historical Museum at Fort Missoula. Festivities include children's activities. For info call 543-2880.

•**PARENT EXPO:**

Oct. 28th 8:00-12:30 Dickenson Lifelong Learning Center.

•**Financial Fitness Workshop:** Learn how to make your money work for you Wednesdays 10/11 thru 11/8 6:00-8:30 @ homeWORD, 127 N. Higgins #303 Call 543-3550 xt40 to register.

Family Kid's Safety Day: Oct. 7th 10:00-2:00 at Wal-Mart South.

•**American Indian Parenting Activities:** Every Wednes-

day through Nov. 15th 6:00-8:00 pm at Jefferson School. Free Child Care. Various parenting topics.

• **Free respite child care** Mon & wed 5:30-8:30pm at the Parenting Place. First come basis. 728-5437 for reservations.

•**Tiny Tales,** stories for children birth to 3 yrs. 10:30am every Tues, Thurs, Fri, **Preschool story-time,** 3-6 yr olds: Monday nights at 7pm and 10:30am on Fridays. At the Missoula Public Library.



Free Community Child Care Safety Seat Check and Installation.

Call Futures for a Referral and to make an appointment.

Existing seats can be checked for free at any time at Community Medical Center. Contact Jessica at 327-4313.

Literacy Corner: *READING TAKES YOU PLACES!*

Television: Friend or Foe?


For many parents, television viewing presents a considerable challenge. You know the three-to-four hours a day your child sits in front of the tube would be better spent reading or even playing. Television doesn't have to be viewed as an enemy to literacy. With careful planning and guidance you can use television to enhance reading experiences: Help children choose enjoyable programs. Select books for your child that:

- ◆ Features characters similar to their favorite TV characters
- ◆ Are age appropriate for your child.



Special Offer

Clip this coupon and bring it to Futures any time before Fri. October 13th to receive a **FREE Target Gift Certificate**



Futures Events—October 2006

FUTURES WILL BE CLOSED MONDAY OCTOBER 9th


PUMPKIN CARVING EXTRAVAGANZA at the TFRC

Thursday October 12th, 4:30-6:30. Watch for the flyer in the mail, or call Futures for more info.

FAMILY FUN HALLOWEEN PARTY at the TFRC Thursday October 26th 4:30—6:30pm at the Futures TFRC.

Look for flyer in the mail for details, or Call 542-4900.

**All Futures Activities are
Drug/Alcohol Free*



Working together to build a better future for young
parents and their children.

Futures

127 N. Higgins Suite 307

Missoula, MT 59802

Futures helps young parents build a secure future for themselves and their children by providing case management, education and career counseling, parent education, housing, counseling and leadership development.